

Guidelines & Principles for Biblical Dream Interpretation

Dream Categories:

1. Intercession
2. Calling
3. Direction
4. Deliverance
5. Word of Knowledge
6. Spiritual Warfare
7. Courage
8. Correction
9. Warning
10. Prophecy and Revelation
11. Self-Condition
12. Soul
13. Body
14. Chemical
15. Dark
16. Flushing

Pull back for a bird's eye view (don't get bogged down in details) and ASK QUESTIONS!!!

The more questions you ask, the better your interpretation skills will become.

Questions to Ask

Pull back for a bird's eye view (don't get bogged down in details) and ASK QUESTIONS!!!

The more questions you ask, the better your interpretation skills will become.

Focus

1. Who is the focus of the dream? The dreamer or someone else
Focus refers to who does the action revolve around
2. Is there a sub-focus?

Action & Setting

1. What happened in the dream?
2. Where did it happen?
3. Which era (past, present or future)?
4. Is the dream in colour? Vivid or muted colour?

Emotions

1. What emotion did the dream evoke?
2. Are there colours that correlate to any emotions
3. Who was experiencing the emotion?
4. Was everyone in the dream experiencing the same emotion?

People

1. Are the people known to the dreamer?
2. If so, how?
3. How does the person connect to the dreamer in real life?
4. How does the dreamer feel about the person?
5. Is it a faceless person?

Misc

1. Are there strong details that stick out?
2. What seemed out of place?
3. Is it a repeated dream?
4. Cluster dream – several dreams in at one time
5. Compare and contrast: why this and not that?

Simple Dream Dictionary for Common Symbols

Colours: Refer to Colours & Meanings

Numbers: Biblical Meanings of Numbers

Names: Find meanings of names online

Earth Elements:

- Wind
- Water
- Fire
- Rain
- Earthquake/Tornado/Hurricane
- Seasons

Objects:

- Sword
- Knife
- Gun
- TV
- Computer
- Toys
- phone

Buildings:

- House
- Shed
- Shopping Mall

- Movie Theatre
- Church

Vehicle

- Truck
- Car
- Bicycle
- Rowboat
- Speedboat
- Sailboat

Clothing:

- Coat
- Shoes/sandals
- Wedding dress
- Ill-fitting clothing

Animals

- Snake
- Horse
- Ox/cow

- Rat
- Spider
- Bee/Hornet
- Flies
- Frogs
- Sheep
- Wolf
- Donkey
- Lion
- Whale
- Elephant
- Cat
- Dog

House/Rooms

- Bedroom
- Bathroom
- Kitchen
- Attic
- Basement

Body Parts

- Thigh
- Nose

- Hand
- Arm
- Teeth:
 - Eye teeth
 - wisdom teeth
- Hair
- Naked

Actions

- Flying
- Driving
- Cooking
- Running/Walking

People

- Mom
- Dad
- Siblings
- Famous/Celebrities
- Faceless/Recognizable

Dream Mapping

Dream Title: _____

