The Psalms were the song book of its day. Like the 4 creatures who sit before the throne of God with their many eyes, always breaking into new song and worshipping God, each season, each stage of life allows us to see God with new eyes. This is our chance to write our own psalm to the Lord.

Two styles of psalms you may consider: acrostic or answer/response. An acrostic psalm was written where the first letters of consecutive verses make up a word or the alphabet. Some examples of psalms written in this style (using Hebrew alphabet) are Psalms 9, 10, 119.

Another style is a heart cry and then God's response (answer/response). An example of this would be Psalm 3, written by David when he was fleeing from his son who wanted to kill him. Verse 1-2 are his cry, then you see in the right margin the word 'selah', which means to pause. David is allowing a pause for God to respond, which He does in verses 3-4 (David writes out what he hears God saying). Then again David speaks from his heart (v.5-7), and finally God responds again in verse 8.

Share with the Fire Catchers in our Facebook group: bit.ly/firecatchers. If you are really brave, take a video to share in the group and dance with your flags to your psalm. ☺

Catch the Fire
WORSHIP FLAGS